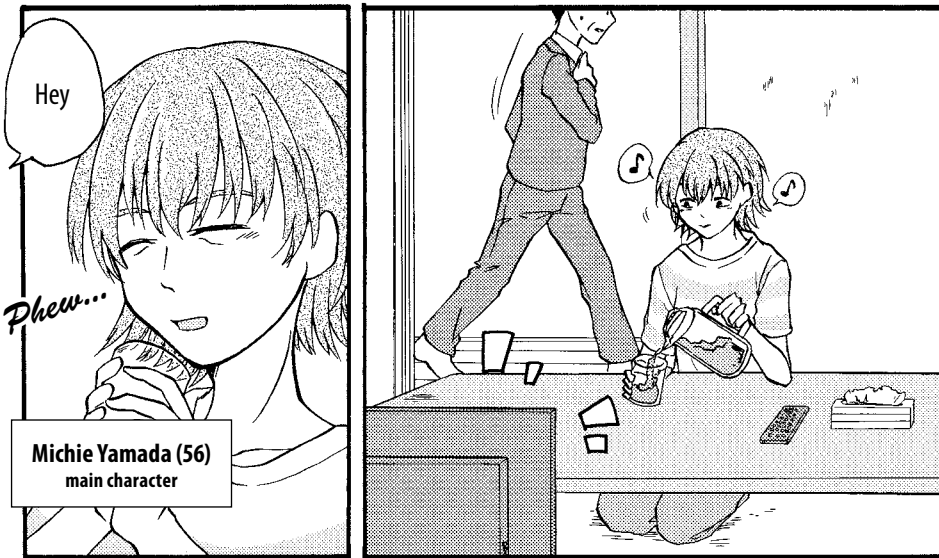
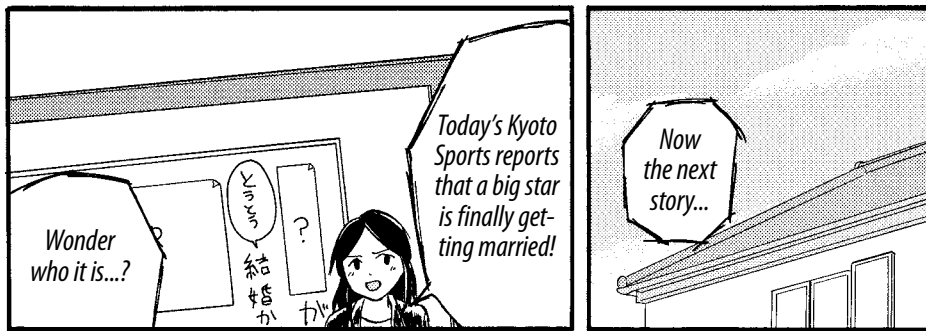


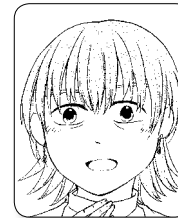
Be yourself along with Dementia.

Kyoto Prefecture





Character



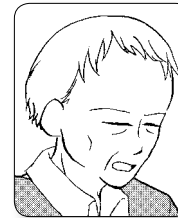
Michie Yamada
(main character)
Diagnosed with pre-mature dementia at 57; her hobby is kimono dressing.



Hidehito Yamada
(Michie's husband)
A company employee; he likes sports.



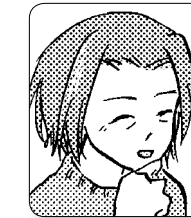
Ichiro Kawara
(Michie's physician)
Works at a medical center for dementia.



Tomoki Miyagawa
(Michie's friend)
Diagnosed with premature dementia at 62; he likes playing tennis.



Aiko Miyagawa
(Michie's friend)
Tomoki's wife



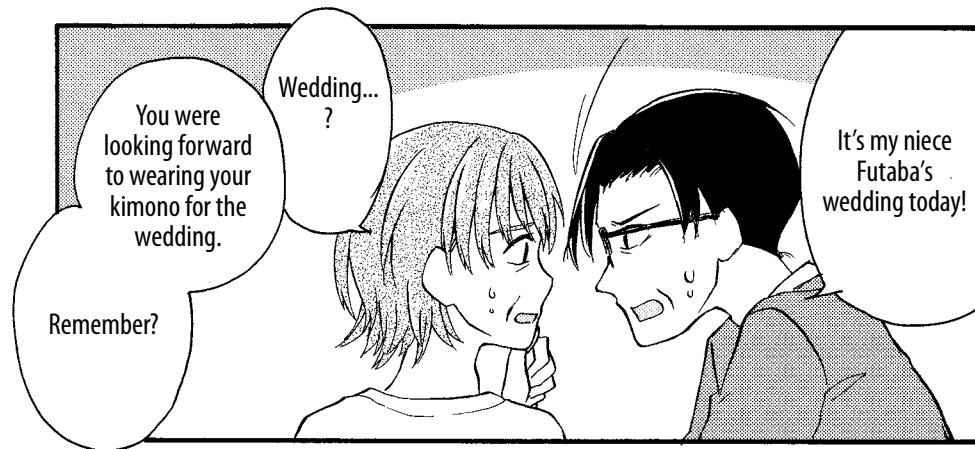
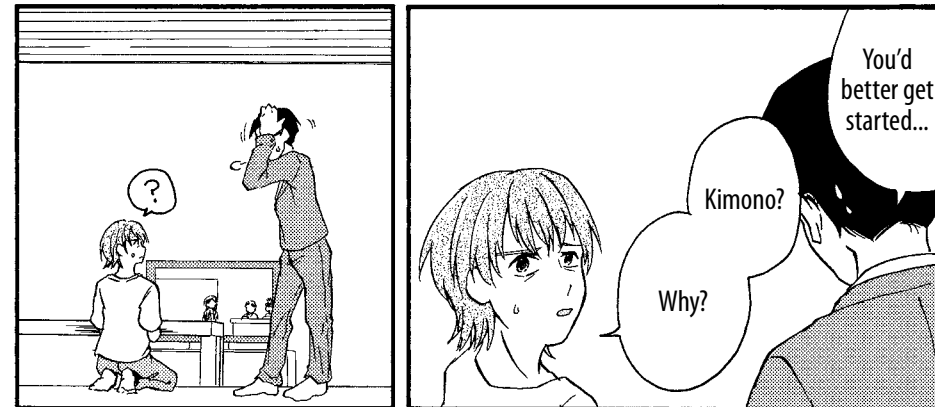
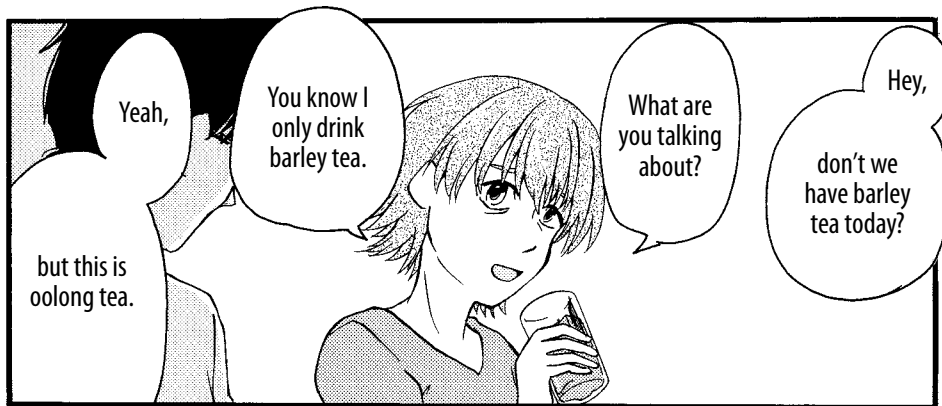
Yoko Morimoto
(Michie's friend)
Diagnosed with premature dementia at 64; a former music teacher, she likes singing.



Kayo Ninomiya
(Michie's friend)
Yoko's daughter



Kaori Ayase
(Manager of the dementia café, "Orange Café")
A staff member at the community comprehensive care center; runs Orange Café as a volunteer activity.



where you have come to experience difficulty and where your functions have not changed.

The results indicate that

there's a significant gap between the areas

A few days later

Kyoto prefecture

Zaaaaaa

What does that mean?

my wife is only 57 years old.

Alzheimer-type dementia...

It's quite possible that you have an early onset of Alzheimer-type dementia.

But...

Isn't she too young to have dementia?

But you remember the big picture,

and details resurface with hints...

With age-related forgetfulness,

you usually forget details.

Mr. and Mrs. Yamada,

Isn't it just that she's become more forgetful than average?

Types of dementia include Alzheimer's disease, vascular dementia, frontotemporal dementia, and dementia with Lewy bodies, each with different symptoms and a different treatment approach.

※Family doctor

One's family doctor, or primary care physician, provides general medical care, including advice on daily health maintenance and other broad health-related topics, usually near one's home.

Medical center for dementia

Kyoto prefecture hospital

get a referral to a specialist.

I feel I have become really forgetful over the last year or so.

I'll see my family doctor and

Outpatient clinic for Dementia

My wife has become

I hope it is my misconception.

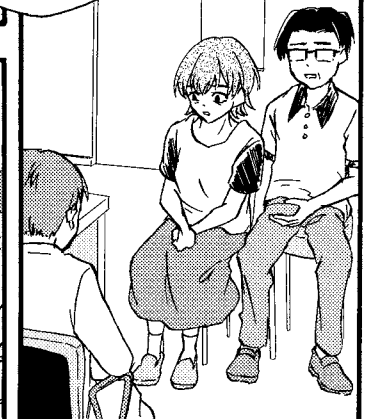
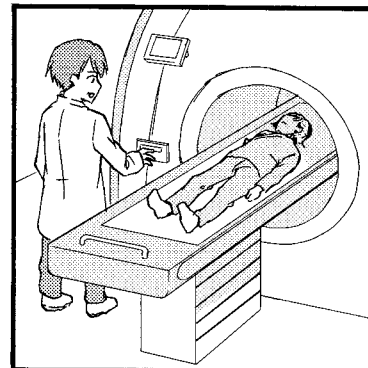
I see.

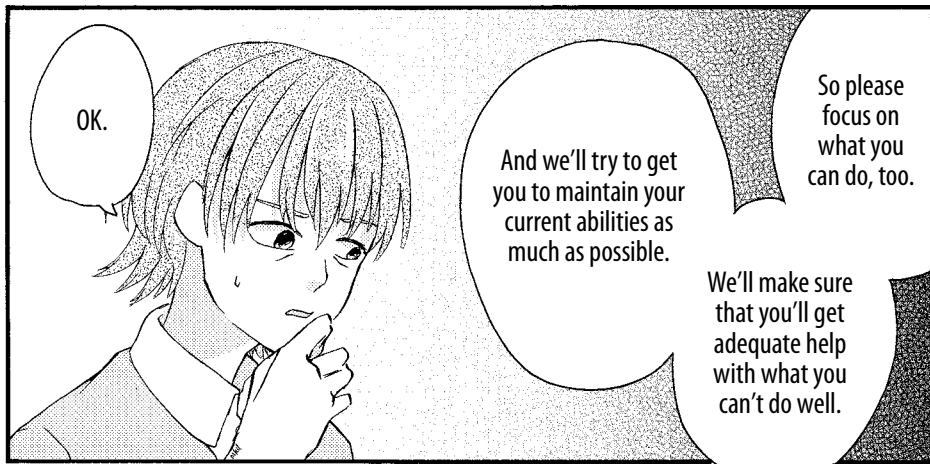
Let's do a thorough examination.

Ichiro Kawara physician

sometimes I feel that there are huge gaps in her memory.

very forgetful over the last year...



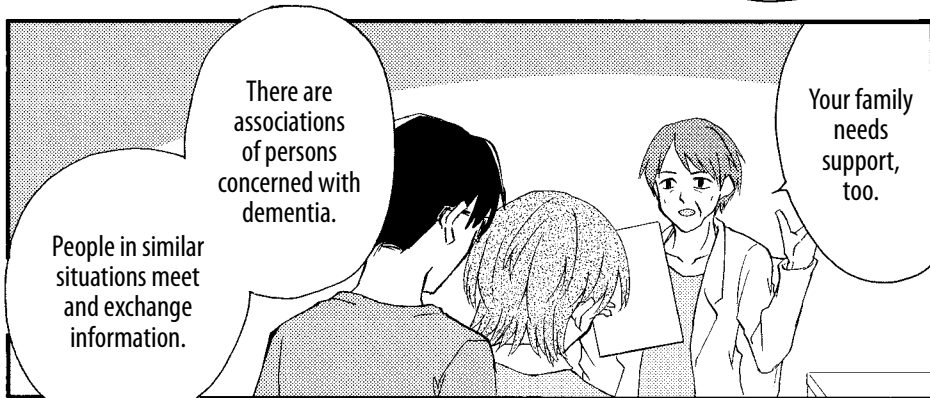


OK.

And we'll try to get you to maintain your current abilities as much as possible.

So please focus on what you can do, too.

We'll make sure that you'll get adequate help with what you can't do well.



People in similar situations meet and exchange information.

There are associations of persons concerned with dementia.

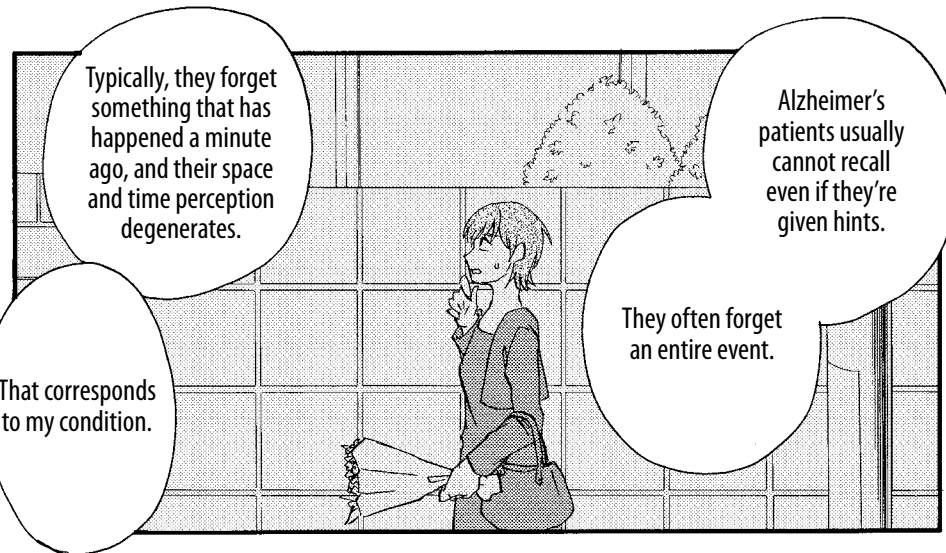
Your family needs support, too.



Why me?
I'm only 57 years old!



All right...
Why don't you attend one of these meetings?



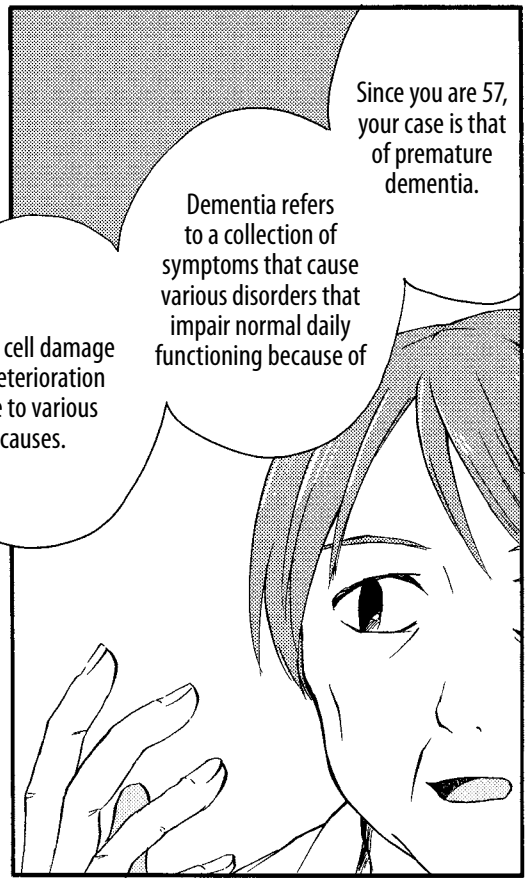
Typically, they forget something that has happened a minute ago, and their space and time perception degenerates.

Alzheimer's patients usually cannot recall even if they're given hints.

They often forget an entire event.

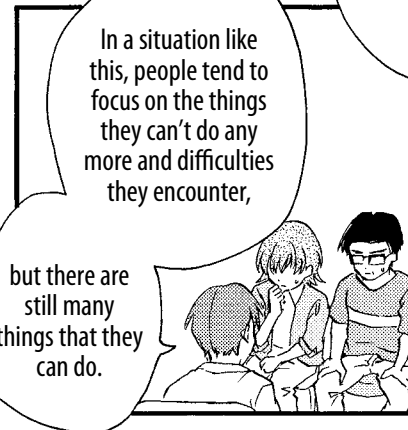


what should I do now?
Then,



Since you are 57, your case is that of premature dementia.

Dementia refers to a collection of symptoms that cause various disorders that impair normal daily functioning because of brain cell damage or deterioration due to various causes.



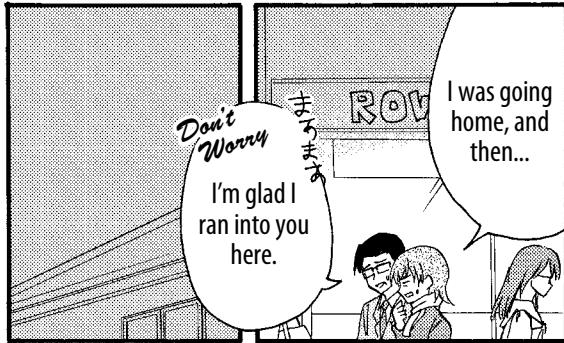
In a situation like this, people tend to focus on the things they can't do any more and difficulties they encounter, but there are still many things that they can do.



Dear...

Michie?

Where am I?



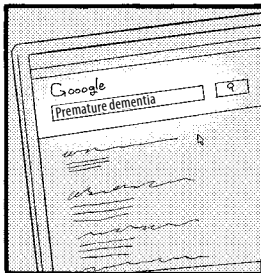
Don't Worry

I'm glad I ran into you here.

I was going home, and then...

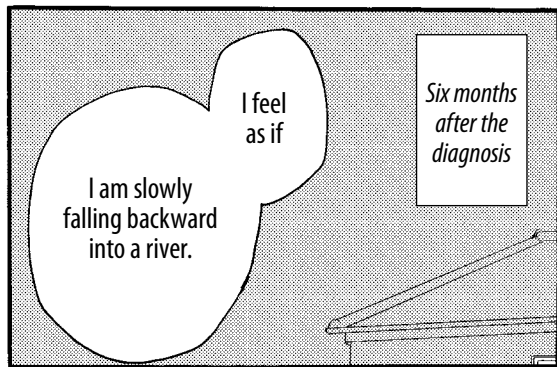


Sigh



clatter

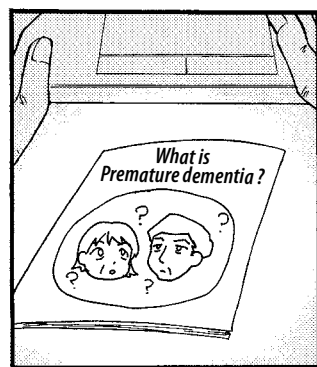
clatter



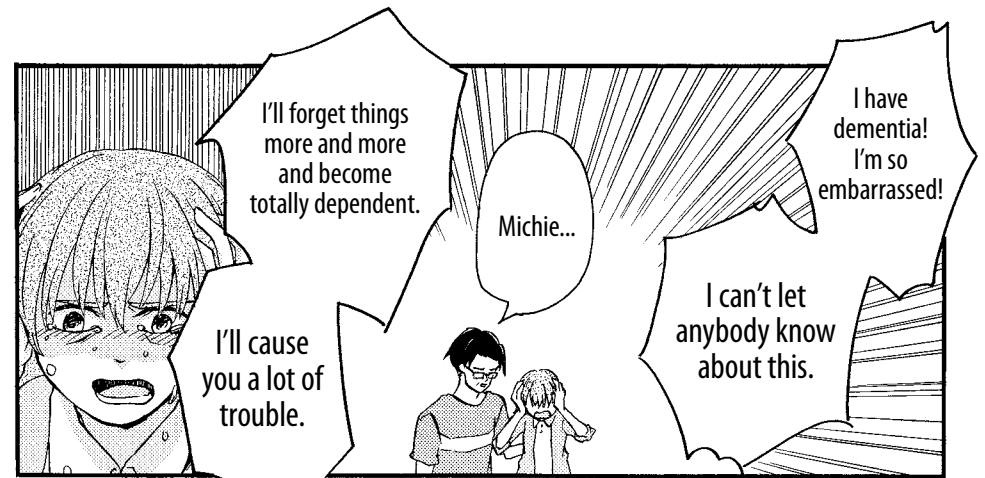
I feel as if

I am slowly falling backward into a river.

Six months after the diagnosis



What is Premature dementia?



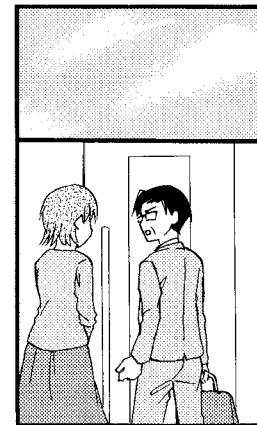
I'll forget things more and more and become totally dependent.

I'll cause you a lot of trouble.

Michie...

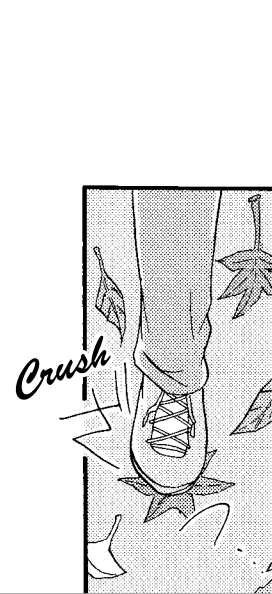
I can't let anybody know about this.

I have dementia! I'm so embarrassed!



Don't worry. We'll be all right.

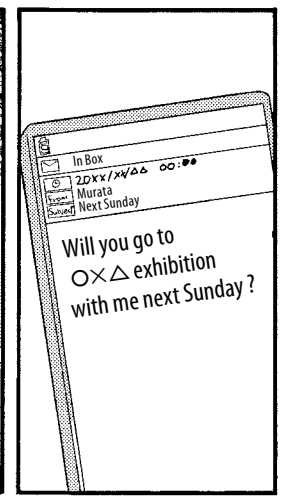
Calm down.



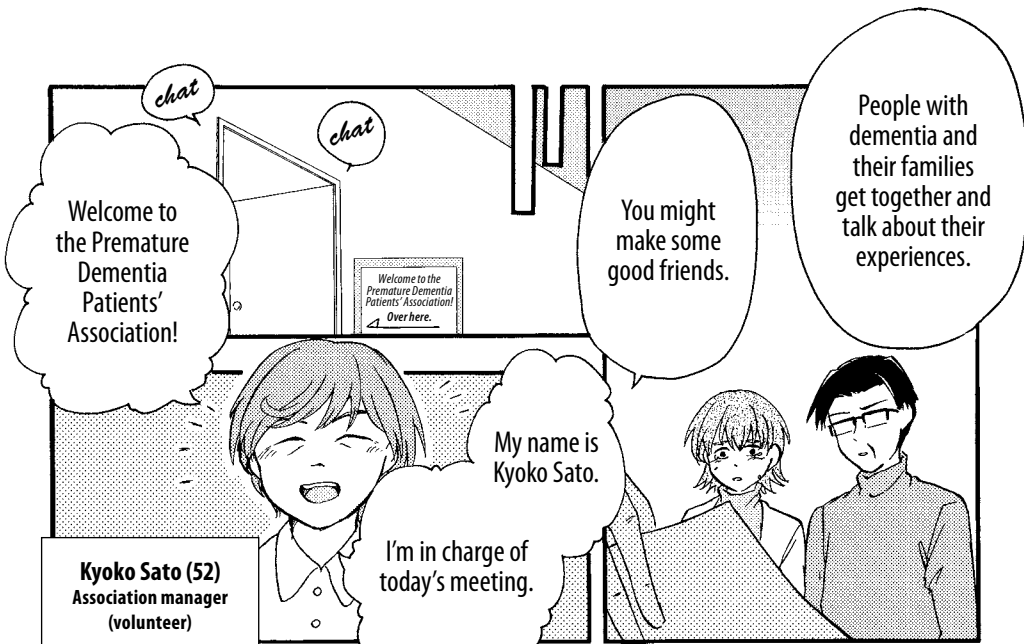
Crush



click



Will you go to O x Delta exhibition with me next Sunday?



Welcome to the Premature Dementia Patients' Association!

You might make some good friends.

People with dementia and their families get together and talk about their experiences.

My name is Kyoko Sato.

I'm in charge of today's meeting.

Kyoko Sato (52)
Association manager (volunteer)

Hidehito, would you join the other families?

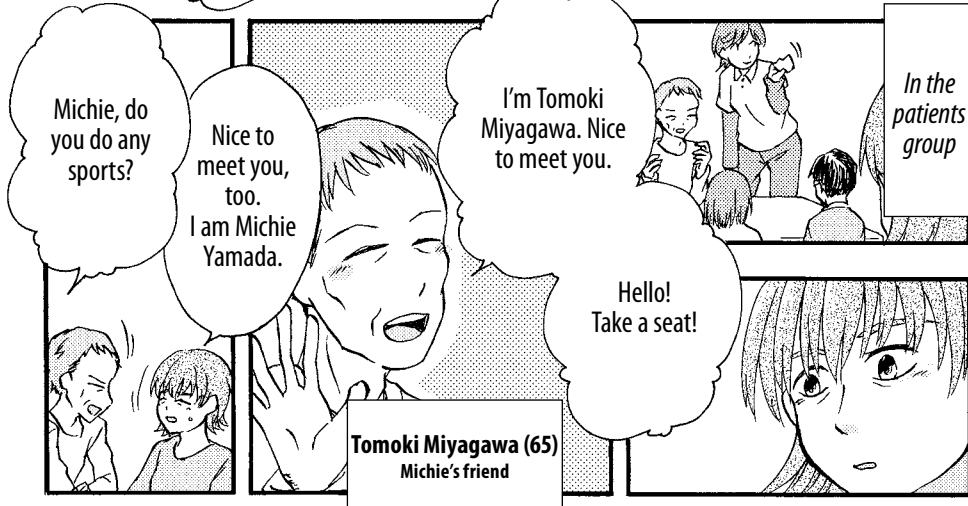
Pleased to meet you.

This is my wife, Michie.

How do you do? Hidehito Yamada.

Michie, please have a seat over there.

Hello.



In the patients group

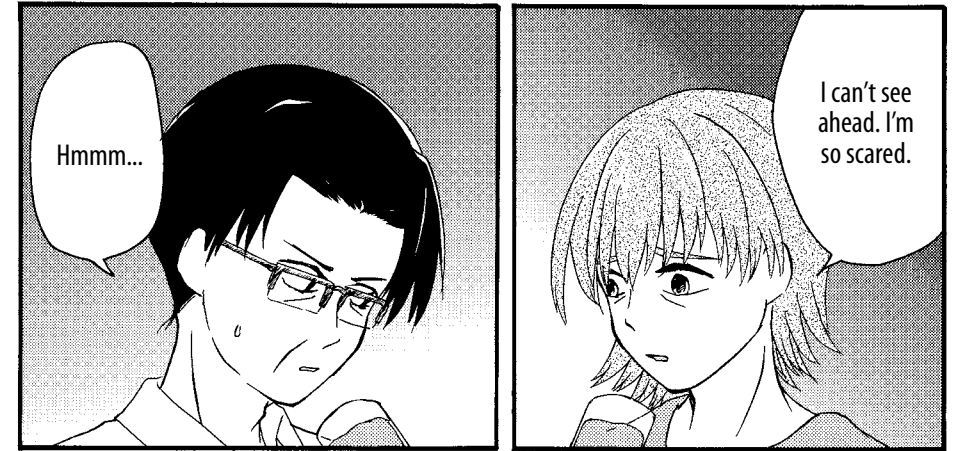
I'm Tomoki Miyagawa. Nice to meet you.

Hello! Take a seat!

Tomoki Miyagawa (65)
Michie's friend

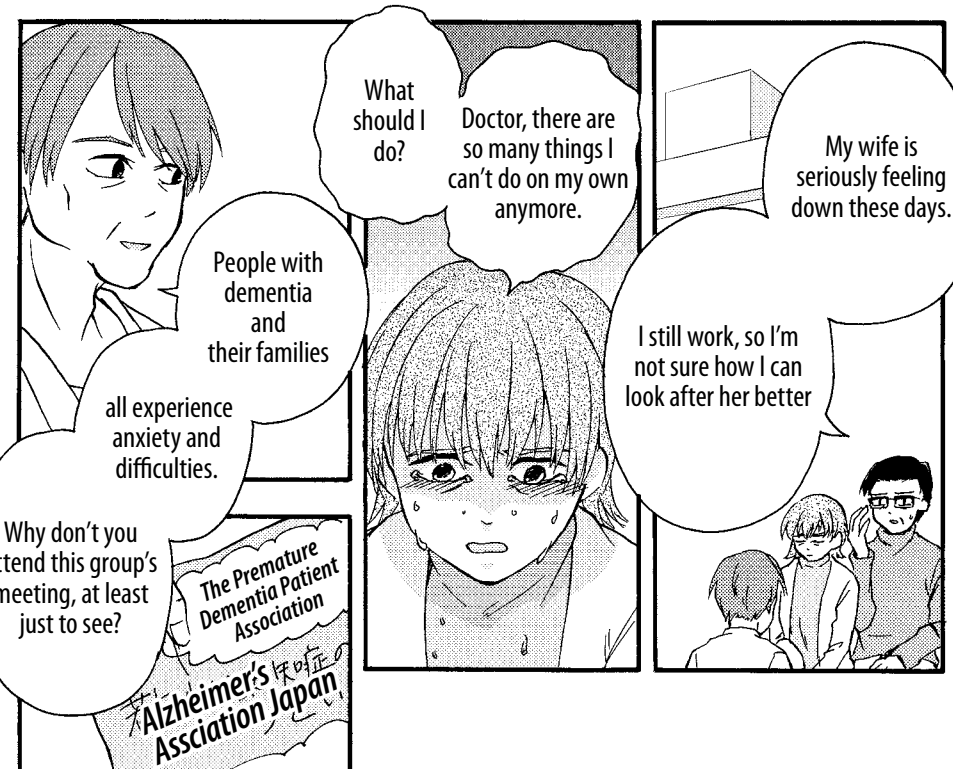
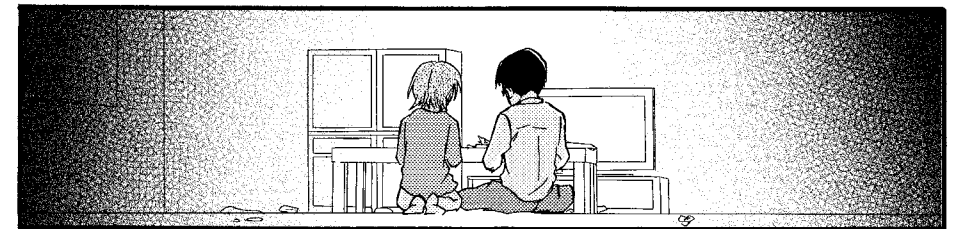
Michie, do you do any sports?

Nice to meet you, too. I am Michie Yamada.



Hmmm...

I can't see ahead. I'm so scared.



What should I do?

Doctor, there are so many things I can't do on my own anymore.

My wife is seriously feeling down these days.

People with dementia and their families

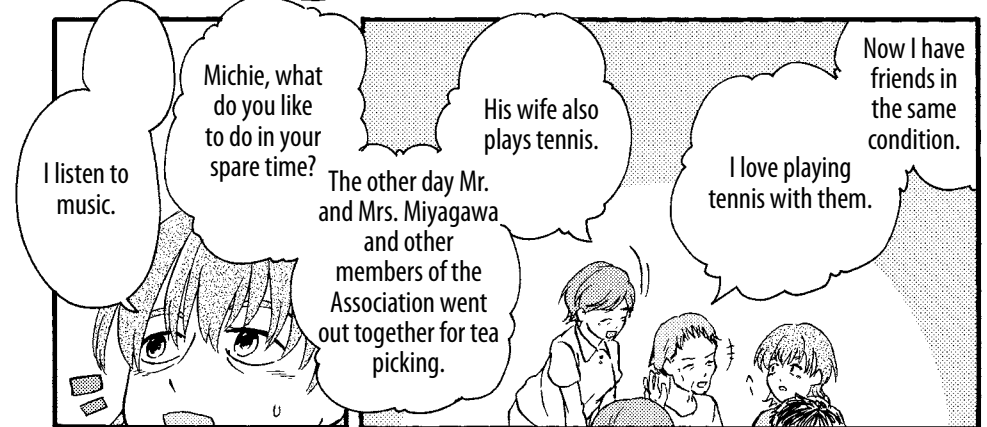
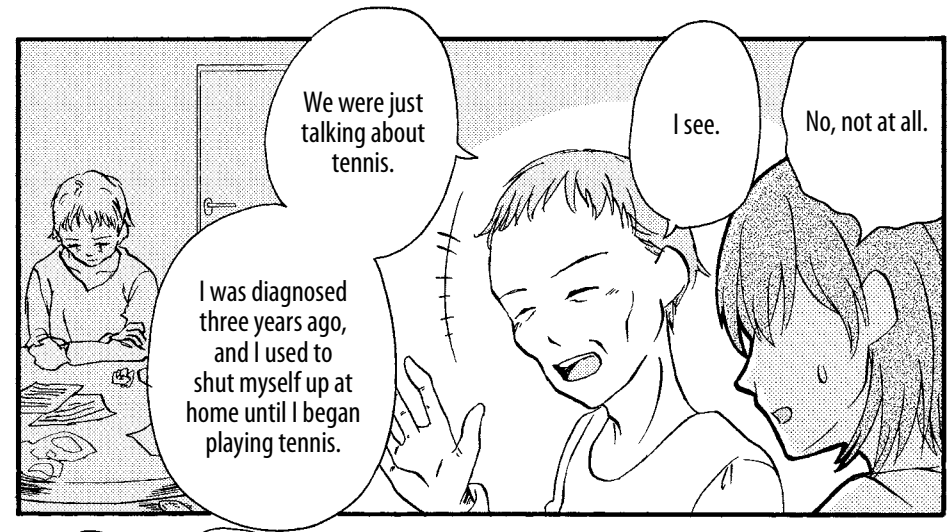
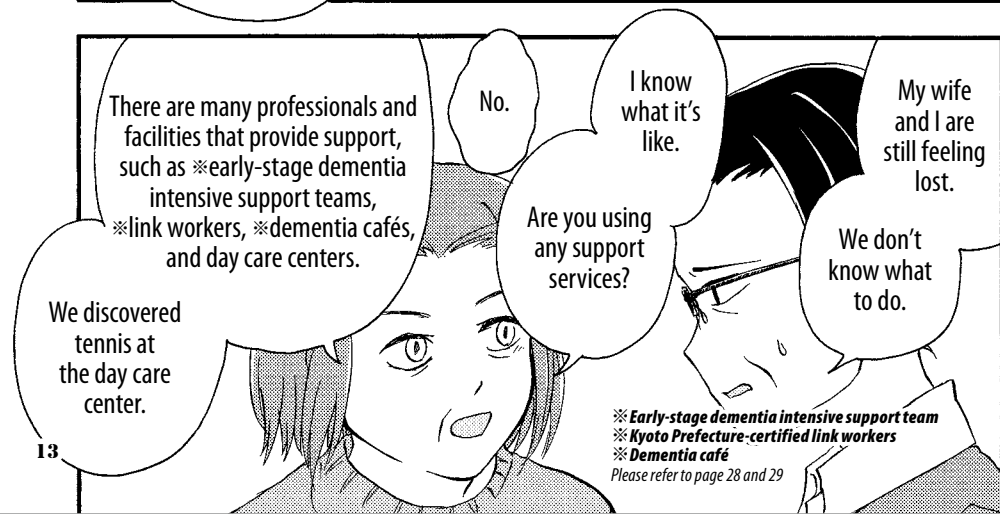
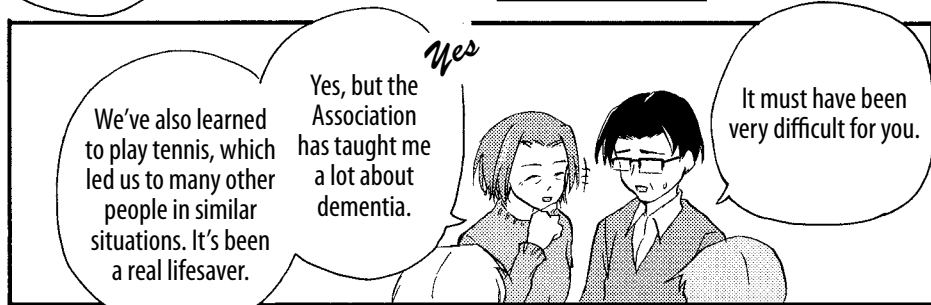
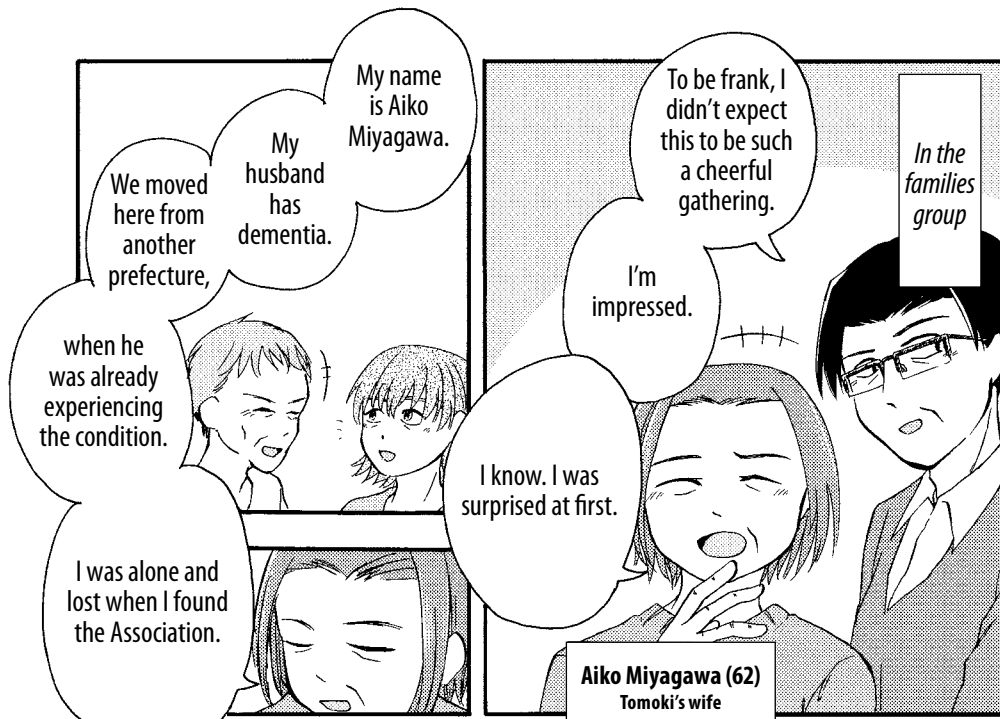
all experience anxiety and difficulties.

I still work, so I'm not sure how I can look after her better

Why don't you attend this group's meeting, at least just to see?

The Premature Dementia Patient Association

Alzheimer's Association Japan





Ha ha ha...

What's wrong with "Mom"? You're my Mom.

Ah... That's one thing I really want to forget about!

You forgot that, too?

chuckle



enjoy drinks and conversation about dementia and other topics,

We want this café to be a place where you can relax,

A warm welcome to you all: our regulars and newcomers.

I am Kaori Ayase, the manager of Orange Café.

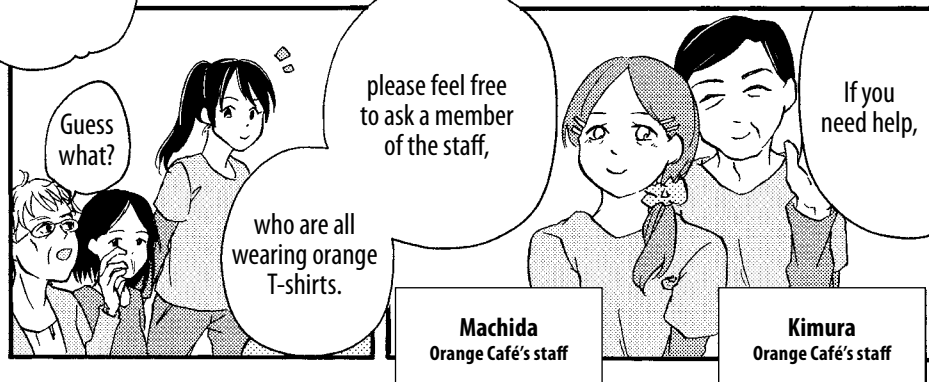
Hello, everyone!

Your attention please!

Kaori Ayase
Orange Café's manager

try doing something new,

and generally have a great time together.



Guess what?

who are all wearing orange T-shirts.

please feel free to ask a member of the staff,

If you need help,

Machida
Orange Café's staff

Kimura
Orange Café's staff



Please take us with you.

and I'd feel reassured with you.

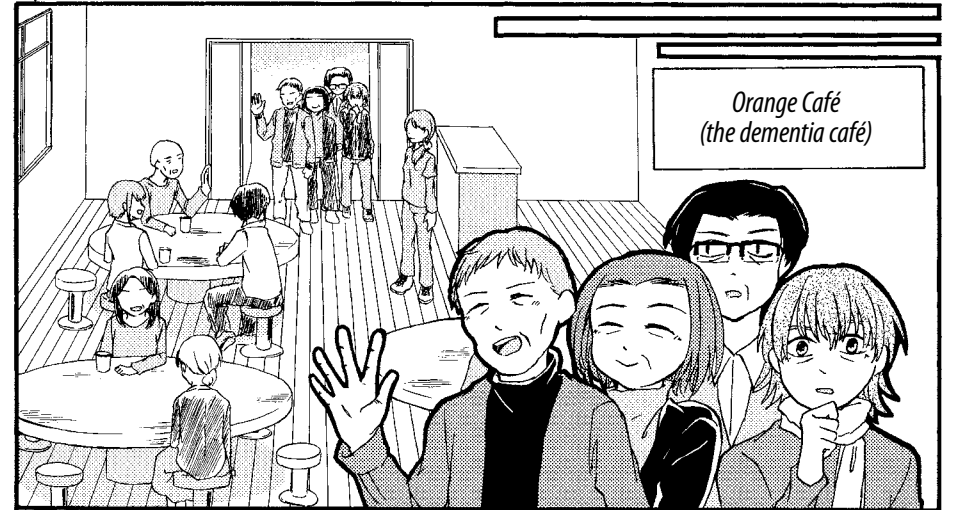
My wife enjoys coffee and music,

Yes, I'd love to.

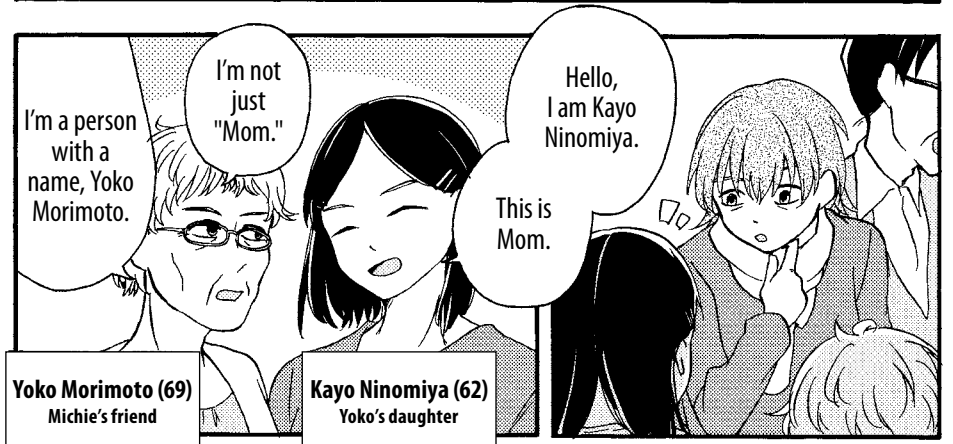
They serve good coffee, too. They also actively practice music therapy.

Would you like to come with us?

We're going to a dementia café next week.



Orange Café
(the dementia café)



Yoko Morimoto (69)
Michie's friend

Kayo Ninomiya (62)
Yoko's daughter

I'm not just "Mom."

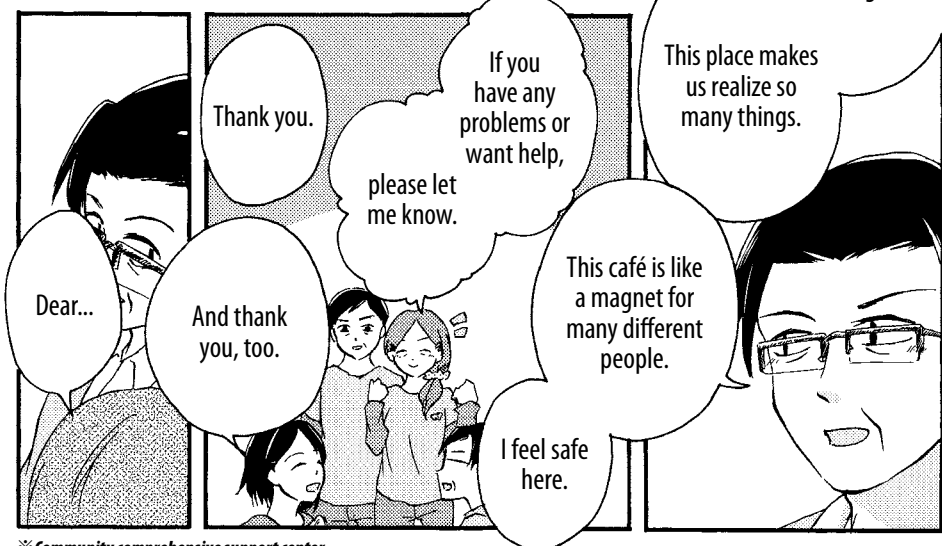
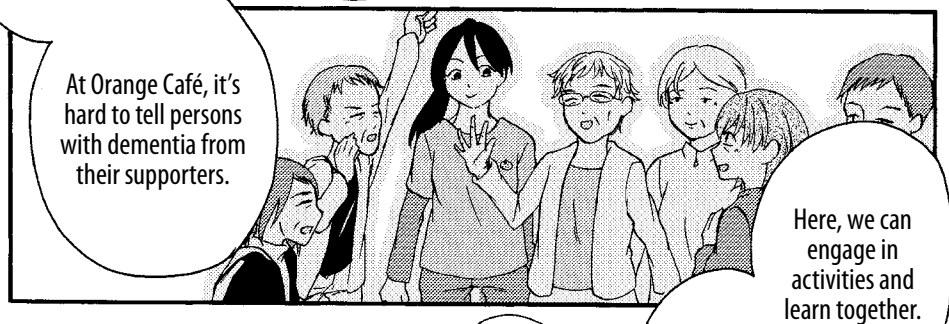
I'm a person with a name, Yoko Morimoto.

Hello, I am Kayo Ninomiya.

This is Mom.

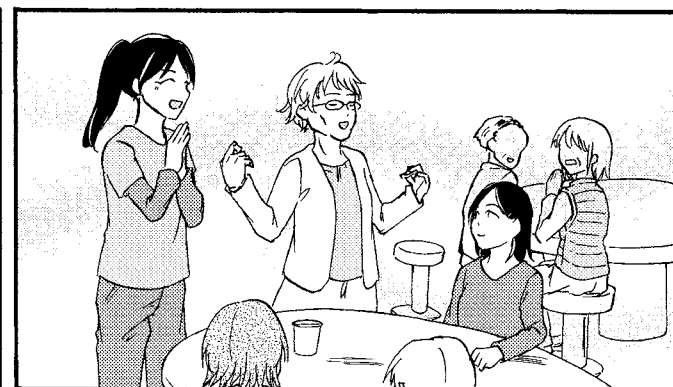
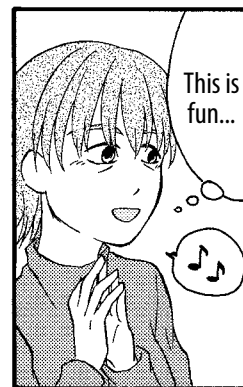
※Care manager (nursing care support professional)

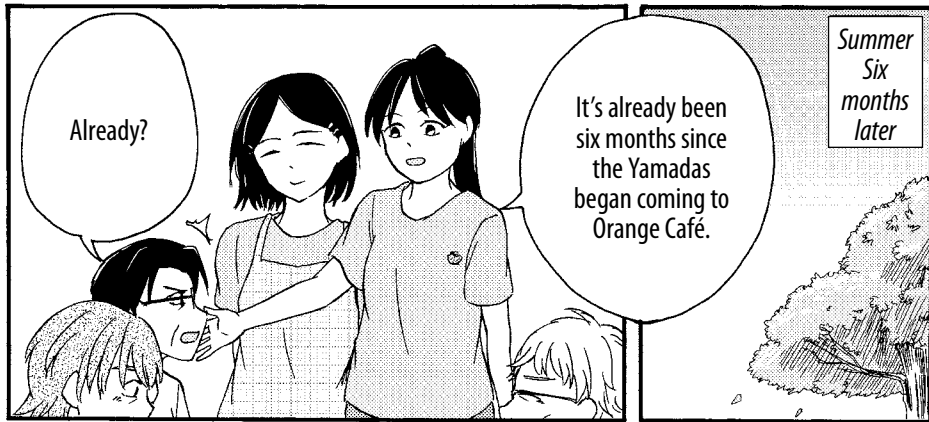
A care manager is a professional who supervises the management of medical and nursing services for those who require care to help them live independently.



※Community comprehensive support center

17 This is a municipality-operated community center that provides grassroots support to elderly residents.





Summer
Six
months
later

Already?

It's already been six months since the Yamadas began coming to Orange Café.



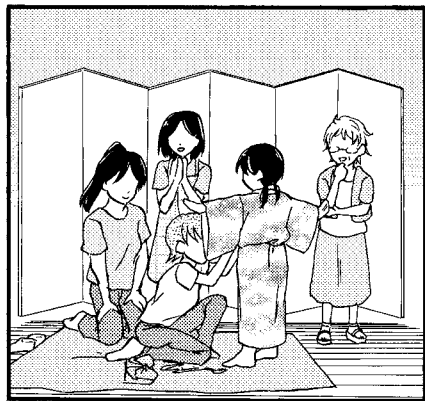
Would you help Yoko's granddaughter put on a yukata summer kimono?

Michie, may I ask a favor?

We have a Bon dance in my neighborhood tonight.

Please!

Me?

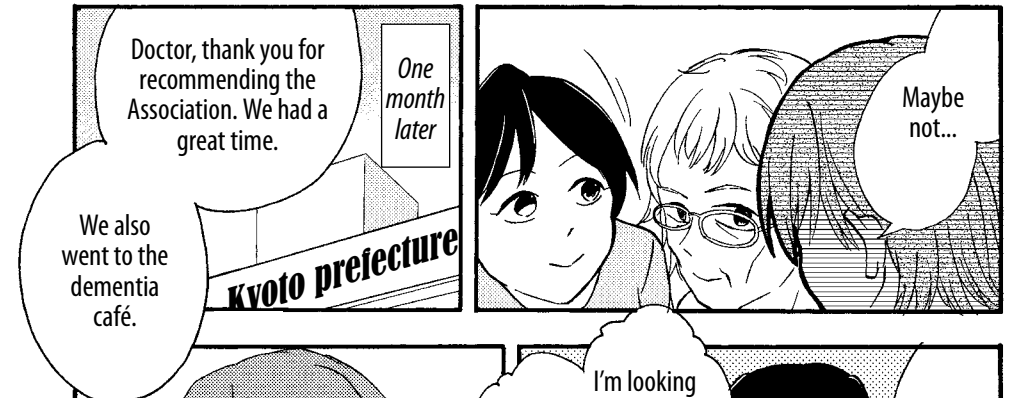


This place makes me feel like I can do something.

We're getting together again soon, at this café.

Yoko and I really hit it off.

But kimono...?



Doctor, thank you for recommending the Association. We had a great time.

One
month
later

Maybe not...

We also went to the dementia café.



Phew

It's important that you find new daily habits and new purposes in life.

I'm glad to see you two smiling again.

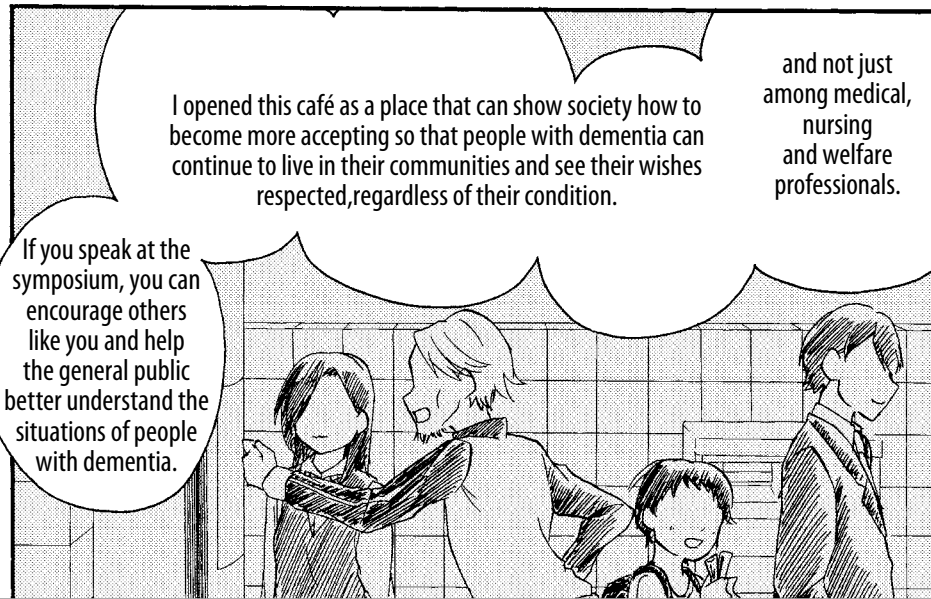
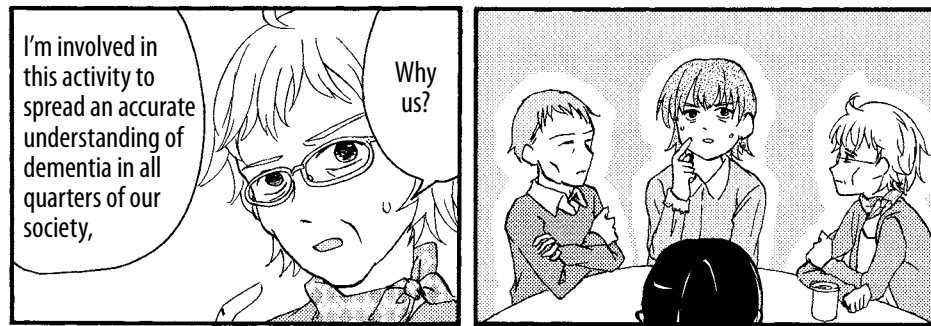
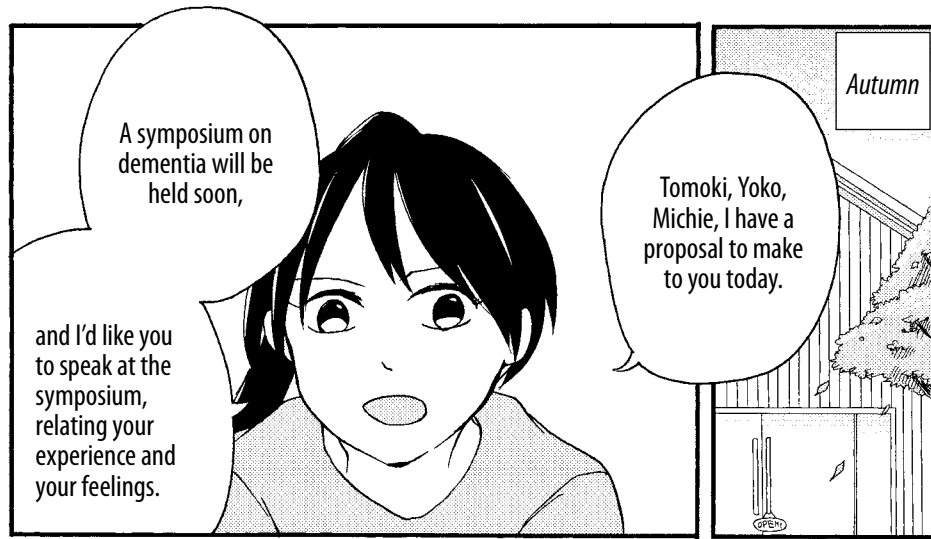
I made a new friend called Yoko.

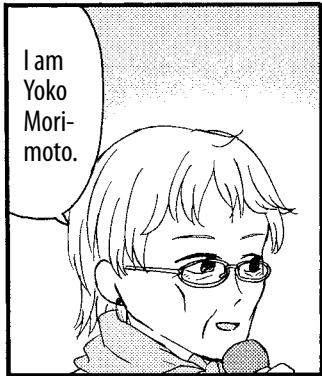
I'm looking forward to going back to the café.

My wife was really pleased,

and that made me feel better.

We are thinking about taking up tennis together.





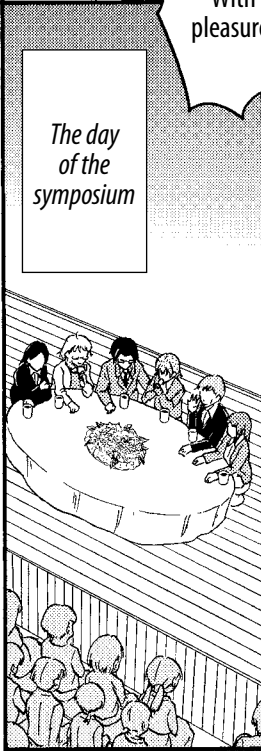
I am Yoko Mori-moto.



My name is Tomoki Miyagawa.

Thank you very much for coming.

With pleasure!



The day of the symposium

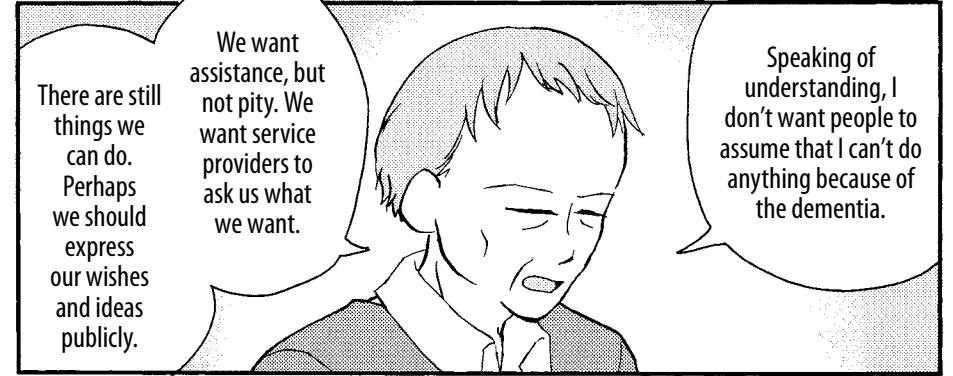
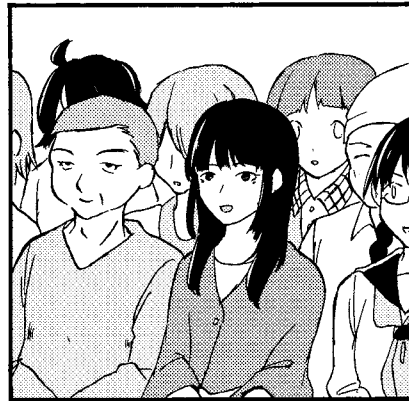
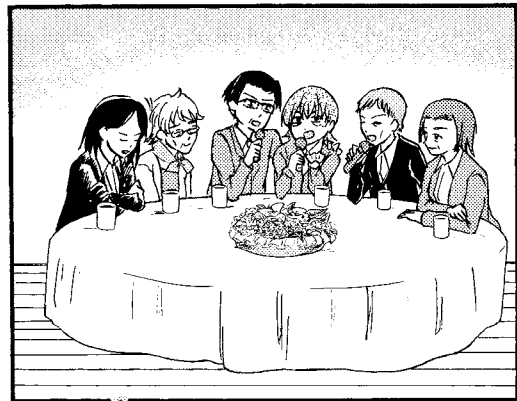


we have taken since we were diagnosed with dementia.

We call these steps "our journey."

Today we would like to relate to you the steps

I am Michie Yamada.



There are still things we can do. Perhaps we should express our wishes and ideas publicly.

We want assistance, but not pity. We want service providers to ask us what we want.

Speaking of understanding, I don't want people to assume that I can't do anything because of the dementia.



to be happy and enjoy life.

I want to tell other dementia patients that it's still possible

I agree.

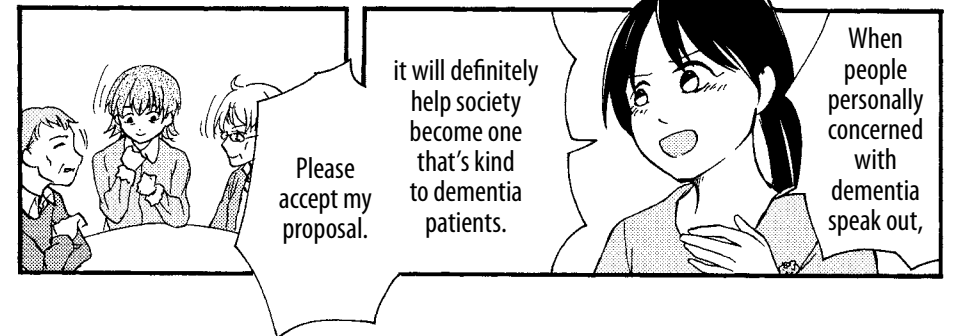


Exactly!

I want more people to know about such things.

the Association, and Orange Café. I'm happily surrounded by others in the same situation – you!

Yes. My husband and I are now enjoying a new phase in life, thanks to support from the hospital,



Please accept my proposal.

it will definitely help society become one that's kind to dementia patients.

When people personally concerned with dementia speak out,



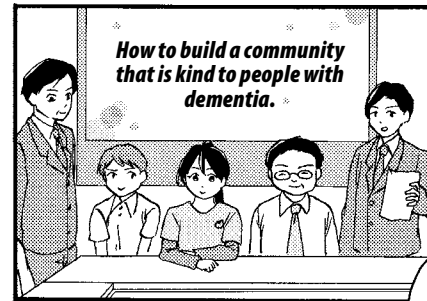
I hope to actively get involved in society.

Instead of shutting myself up at home because of my condition,

Realizing a society in which residents with dementia can continue living with peace of mind
— Dementia: Moving forward to a new era together —



END

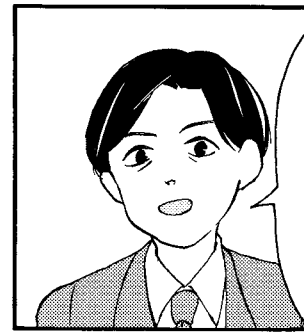


How to build a community that is kind to people with dementia.

※ Dementia action alliance

The dementia action alliance serves as a platform for a range of activities aimed at realizing a community that is sensitive to, and responds to the needs, of persons with dementia and their families. It comprises government offices, medical, nursing and welfare professionals and workers, persons with dementia and their families, private businesses in various fields, and other organizations, all pursuing their respective activities to overcome relevant challenges.

A few days later



"how to build a community that is kind to people with dementia."

Our topic today is

Dementia action alliance (※)
Please enter freely.

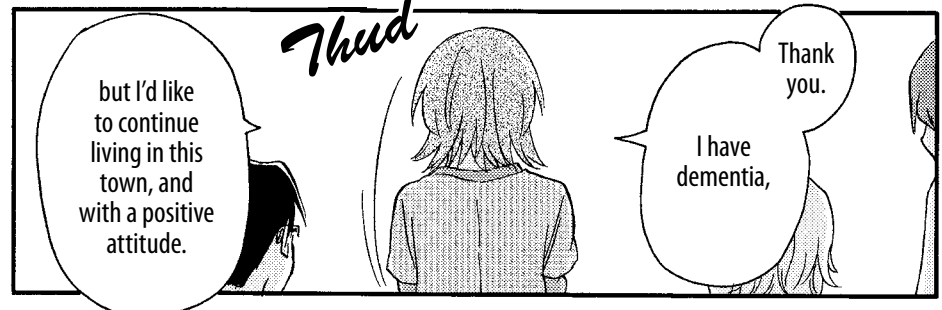


Our first speaker is Mrs. Michie Yamada.

We will then discuss how we can build an inclusive community.

local businesses, and other concerned parties

We are hearing from people with dementia, their families,



but I'd like to continue living in this town, and with a positive attitude.

Thud

Thank you.
I have dementia,

Goal

Move forward with dementia

The society in which people with dementia can continue to live in their community and their wishes are respected

People with dementia and their family wish

Ten I messages and the Orange Road which leads to their goal

Kyoto-style Orange Plan

1 I lead an active life, being watched over while I do what I can, being helped with what I cannot do by myself, with my rights and personality respected, because all the people around me have an accurate understanding of dementia.

2 I feel safe and secure because I have been diagnosed in early stage of dementia. I have a good understanding of my disease, receive adequate assistance, and can think and make decisions about my future.

3 I stay healthy because I can promptly obtain medical attention when I am unwell, as well as regular and competent medical and nursing care in a familiar environment.

4 I participate in society and contribute according to my ability, and lead a purposeful life.

5 I enjoy my life because I am able to pursue hobbies and recreational activities that interest me.

6 I feel carefree because the lives and livelihoods of my family members who support me also receive adequate consideration.

7 I feel that people around me understand that sometimes I cannot clearly express my ideas and feelings verbally and that they will respect my wishes and preferences until the end of my life.

8 I have a safe place to be wherever I live in Kyoto Prefecture because I have easy access to necessary information and someone whom I can consult for advice on any subject.

9 I feel good about my life despite my early onset dementia, thanks to various services that meet my needs.

10 I remain optimistic because a range of studies are underway to find a cure for dementia, which is a cherished wish for my family and I.

Orange Road

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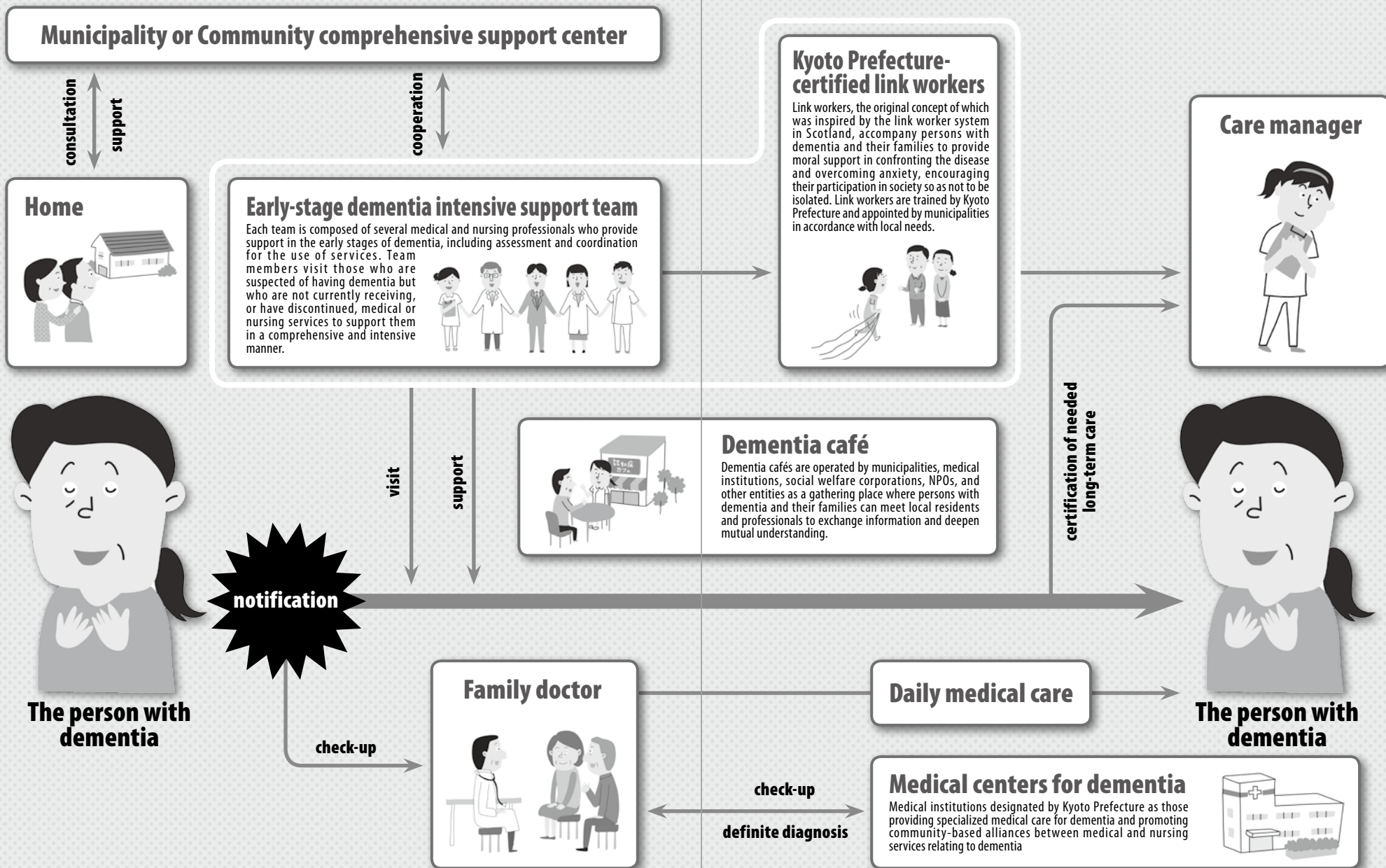
6 I feel carefree because the lives and livelihoods of my family members who support me also receive adequate consideration.

5 I enjoy my life because I am able to pursue hobbies and recreational activities that interest me.

This manga has been produced to illustrate the society we are aiming for and how persons with dementia and their families would live in such a society. Present-day Kyoto is not exactly as depicted in the manga. To achieve our goal, we hope to continue making efforts so that all Kyoto prefectural residents can be confident of their future.

The support system for people with the early stages of dementia in Kyoto

early detection, early diagnosis, early response of Comprehensive Measures for Dementia ("Kyoto-style Orange Plan").



Be yourself along with Dementia.

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With cooperation from: Toshihiko Ito, Motoko Ito, Fumiatsu Sugino, Yumiko Sugino, Eiko Nakanishi, Masami Kawai, Toshio Mori, and Alzheimer's Association Japan

Manga drawn by Chiaki Ota

Edited by the Project Office, Kyoto Seika University

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* Send your impressions and inquiries regarding this booklet to:

Community Comprehensive Care Section, Office of Support for the Elderly, Kyoto Prefectural Government (E-mail: koreishien@pref.kyoto.lg.jp).

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